

Foo Yong Dishes

Wok Fried Chinese Style Scrambled Eggs

98	Chicken Foo Yong	£5.60
99	Ham Foo Yong	£5.60
100	Char Siu Foo Yong	£5.60
101	Shrimp Foo Yong	£6.40
102	Chicken & Ham Foo Yong	£5.60
103	Mushroom Foo Yong	£5.30
104	King Prawn Foo Yong	£6.40

Vegetarian Dishes

105	Buddha Fried Mixed Vegetables ✓ <i>Seasonal vegetables with deep fried tofu</i>	£6.10
106	Mapo Tofu 🌶️ ✓ <i>Tofu cubes cooked with straw mushrooms in a spicy chilli bean sauce</i>	£6.80
107	Salt & Pepper Tofu 🌶️ ✓ <i>Deep fried tofu cubes tossed in potato starch, pan fried with our home made spices</i>	£6.80
108	Stir Fried Pak Choi ✓	£7.00



Rice Dishes

109	Ruby Special Fried Rice <i>(Shrimp, Char Sui and Ham)</i>	£6.50
110	King Prawn Fried Rice	£6.50
111	Shrimp Fried Rice	£6.50
112	Chicken Breast Fried Rice <i>With Barbecue Sauce on top</i>	£6.50
113	Chicken Fried Rice	£5.80
114	Beef Fried Rice	£5.80
115	Pork Fried Rice	£5.80
116	Char Siu Fried Rice	£5.80
117	Chicken & Ham Fried Rice	£5.90
118	Singapore Fried Rice 🌶️	£6.00
119	Yong Chow Fried Rice	£6.00
120	Nasi Goreng <i>Fried Rice with Chinese Roast Pork, Shrimp, Ham, Sultanas & Tomato Sauce</i>	£6.00
121	Egg Fried Rice	£2.30
122	Boiled Rice	£2.10

Chow Mein (Noodles)

123	Ruby Special Chow Mein <i>(Shrimp, Char Siu and Ham with sauce on top)</i>	£6.50
124	Seafood Combination Chow Mein	£10.50
125	King Prawn Chow Mein	£6.50
126	Chicken Breast Chow Mein <i>With Barbecue Sauce</i>	£6.50
127	Shrimp Chow Mein	£6.50
128	Chicken Chow Mein	£5.80
129	Beef Chow Mein	£5.80
130	Pork Chow Mein	£5.80
131	Char Siu Chow Mein	£5.80
132	Singapore Chow Mein 🌶️	£6.00
133	Singapore Rice Noodles 🌶️	£6.50
134	Mushroom Chow Mein ✓	£5.70
135	Vegetable Chow Mein ✓	£5.70
136	Fried Noodles ✓	£3.60
137	Japanese Style Udon Noodles <i>Chicken, Beef or Pork</i>	£6.20
138	Japanese Style Udon Noodles <i>King Prawn, Duck or Meat Combo</i>	£6.80

European Dishes

139	Fried Chicken Maryland & Chips	£7.50
140	Fried Breast of Chicken & Chips <i>With Sauce</i>	£6.80

Side Dishes

141	Fried Bean Sprouts	£3.10
142	Fried Mushrooms	£3.10
143	Fried Onion Rings	£3.90
144	Fried Bamboo Shoots & Water Chestnuts	£3.10
145	Fried Onions	£3.10
146	Fried Mixed Veg	£3.20
147	Chips	£2.60
148	Salt & Pepper Chips	£3.70
149	Crispy Prawn Crackers	£1.70
150	Sauce <i>(Curry, sweet & sour, BBQ, satay, black bean, peking, black pepper, Thai sweet chilli)</i>	£2.40

ALLERGY ADVICE

Most of our dishes contain GARLIC, SOYA, GLUTEN, COOKING WINE & SESAME OIL.
Some of our dishes may contain these 14 allergens as follows:



If you have any allergies to these products please inform us before ordering. We will do our best to advise you.

GF - Gluten Free	🌶️ - Mild
✓ - Vegetarian	🌶️🌶️ - Medium
🥜 - Contains Nuts	🌶️🌶️🌶️ - Hot

Kids Menu

include a drink (Fruit Shoot)

151	Chicken Noodle	£6.00
152	Chicken Fried Rice	£6.00
153	Sweet & Sour Chicken*	£6.00
154	Chicken Curry*	£6.00
155	BBQ Ribs*	£6.00

* Comes with chips or fried rice

Desserts

156	Fried Banana Fritter	£3.00
157	Fried Pineapple Fritter	£3.00
158	Fried Jam Fritter	£3.00



Licensed Chinese Restaurant and Takeaway

41 West Clyde Street, Helensburgh G84 8AW

01436 674080

Designed & Printed by JJR Print Ltd, Dumbarton

寶石酒樓



RUBY

Licensed Chinese Restaurant and Takeaway

www.therubyhelensburgh.com

41 West Clyde Street, Helensburgh G84 8AW

01436 674080

HOME DELIVERY SERVICE

- Helensburgh • Cardross
- Shandon • Garelochhead • Rhu

Open 6 Days

Tuesday to Thursday

12noon till 2.00pm
5.00pm till 11.00pm

Friday & Saturday

12noon till 2.00pm
5.00pm till 11.00pm

Sunday

5.00pm till 11.00pm

We do not accept Cheques.
We accept Debit and Credit Cards for payments.
We reserve the right to withhold the service.



All prices include VAT

Starters

1	Mixed Hors D'Oeuvre for 2 *	£13.00
	<i>King Do Ribs, Sesame Prawn Toast, Pancake Rolls and Chicken Satay Skewers (*each supplement £6.50)</i>	
		Small Large
2	Salt & Pepper Pork Spare Ribs GF 🍴	£4.80 £6.00
3	Salt & Pepper Chicken Pieces GF 🍴	£5.00 £6.00
4	Salt & Pepper King Prawn 🍴	£5.40 £7.40
5	Salt & Pepper Chicken Wings GF 🍴	£4.80 £6.00
6	Salt & Pepper Mushrooms 🍴	£4.50 £5.80
7	Honey Chicken Wings GF	£4.80 £6.00
8	Barbecue Spare Ribs	£4.80 £6.00
9	King Do Pork Spare Ribs	£4.80 £6.00
10	Spicy Chicken Wings 🍴	£4.80 £6.00
11	Spicy Pork Ribs 🍴	£4.80 £6.00
12	Chicken Rolls with Sweet & Sour Sauce	£4.00
13	Pancake Rolls (2)	£3.00
14	Vegetable Rolls (2) v	£3.00
15	Mini Vegetable Rolls (10) v	£3.00
16	Chicken Satay on Skewers 🍴 🍴	£4.80
17	Deep Fried Wan Tun	£4.40
18	Sesame Prawn Toast	£4.30
19	King Prawns in Batter	£4.50
20	Prawn Cocktail	£4.10
21	Wafer Paper Prawns	£5.00
22	Wafer Paper Chicken	£4.70
23	Mussels with Black Bean Sauce GF 🍴	£5.30
24	Mussels with Satay Sauce 🍴 🍴	£5.30
25	Jar Lar Mein 🍴	£4.00
26	Crispy Seaweed	£4.50

Soups

27	Wan Tun Soup 🍴	£3.30
28	Hot & Sour Soup 🍴	£3.30
29	Tom Yum Soup	£3.30
30	Chicken Sweetcorn Soup	£2.70
31	Chicken Mushroom Soup	£2.70
32	Chicken Noodle Soup	£2.70
33	Chicken Chinese Mushroom Soup	£2.70
34	Crab Meat Sweetcorn Soup	£3.30
35	Mixed Vegetable Soup	£2.70



Chef's Specialities

36	Par Far Duck	£9.50
	<i>Fillet of duck layered with mashed prawns, fried crispy and covered with a crab meat sauce</i>	
37	Salt & Pepper Squid 🍴	£7.40
	<i>Deep fried squid in light batter tossed in rock salt and pepper</i>	
38	Shredded Salt & Pepper Chicken 🍴	£6.10
	<i>Lightly coated sliced chicken with our homemade batter and tossed in rock salt and pepper</i>	
39	Deep Fried Scallops	£10.50
	<i>Deep fried scallop in batter, served with our homemade sweet & sour sauce</i>	
40	Orange Chicken	£5.90
	<i>Deep fried chicken breast coated in our homemade light batter, drizzled with a tangy orange sauce</i>	
41	Lemon Chicken	£5.90
	<i>Deep fried chicken breast coated in our homemade light batter, drizzled with a tantalising lime sauce</i>	
42	Yau Pau Squid	£7.40
	<i>Deep fried squid tossed in flour and served with our homemade sweet & sour sauce</i>	



Popular Duck Dishes

	Aromatic Crispy Duck	
	<i>Delightfully flavoured with different spices, deep fried to perfection and served with Chinese pancakes, cucumbers, spring onions and homemade sauce</i>	
43	Whole	£38.00
44	Half	£20.00
45	Quarter	£10.50
46	Chee Law Duck	£6.40
	<i>Roast duck with sliced sweet ginger, pineapple and onion in a light sauce</i>	
47	Shredded Duck 🍴	£6.40
	<i>Stir fried shredded duck with beansprouts, red pepper and spring onions in a light sauce</i>	
48	Duck with Plum Sauce	£6.40
	<i>Tender pieces of roast duck in plum sauce</i>	
49	Duck with Orange Sauce	£6.40
	<i>Tender pieces of roast duck in orange sauce</i>	
50	Cantonese Style Chicken	£5.90
	<i>Lightly battered chicken with roast pork, Chinese mushrooms and spring onions on a homemade sauce</i>	
51	Crispy Chicken Slivers in Sweet and Spicy Sauce 🍴	£6.50
	<i>(Slightly hot) Crispy chicken slivers deep fried and glazed over with our homemade sweet and spicy sauce</i>	
52	Crispy Beef Slivers in Sweet and Spicy Sauce 🍴	£6.50
	<i>(Slightly hot) Crispy beef slivers deep fried and glazed over with our homemade sweet and spicy sauce</i>	

ALL MAIN DISHES DO NOT INCLUDE RICE, CHIPS OR NOODLES UNLESS OTHERWISE STATED
All Chicken dishes are cooked with breast of chicken

Popular Main Dishes

1. Choose Meat / Vegetable / Tofu

Beef / Pork / Chicken / Chinese Roast Pork	£5.80
Mixed Meat Combination <i>(Beef, Chicken and Roast Pork)</i>	£6.40
Duck / King Prawn / Squid / Shrimp	£6.40
Fillet of Beef	£10.50
Mixed Seafood Combination <i>(Scallops, Squid and King Prawn)</i>	£10.50
Jumbo King Prawn	£10.50
Vegetable	£5.80
Tofu	£6.00

2. Choose Style

53	Spring Onion & Fresh Ginger
54	Bamboo Shoots & Water Chestnuts <i>Stir fried onion, water chestnuts and bamboo shoots bound together with a thick garlic sauce</i>
55	Black Pepper Sauce <i>Grounded black peppercorn cooked in a light soya marinade</i>
56	Peking Style <i>Stir fried sliced onion, red pepper with our home made peking sauce</i>
57	Sweet Chilli 🍴 <i>Stir fried onion and red pepper in a Thai sweet chilli sauce</i>
58	Lar Chee 🍴 <i>Wok fried with bamboo shoots, water chestnuts, baby corn, straw mushrooms, sliced green pepper, spring onion and a touch of chilli</i>
59	Mar Lar 🍴 <i>Sliced pepper, spring onion and sliced onion in a homemade chilli yellow bean sauce with a hint of garlic</i>
60	Kon Siu 🍴 <i>Chopped onion, red pepper, ginger, garlic, chilli oil and homemade peking sauce</i>
61	Kung Po 🍴 🍴 <i>Red and green peppers, sliced onion, cashew nuts and a touch of chilli sauce</i>
62	Szechuen 🍴 🍴 <i>Stir fried bamboo shoots, water chestnuts, diced onion & dried chilli in a homemade szechuen red chilli sauce</i>
63	Tam 🍴 <i>Chinese mushrooms, spring onion, sliced onion and red pepper with a hint of garlic and chilli oil</i>
64	Zee Lar 🍴 <i>Stir fried spring onion and onion in a spicy black bean sauce</i>
65	Cheung Bau <i>Stir fried bamboo shoots, water chestnuts, spring onion, baby corn, onion & straw mushrooms in a yellow bean sauce</i>
66	House Thai Red Curry 🍴 🍴 <i>Coconut milk, red pepper, onion and Thai red curry paste</i>
67	House Thai Green Curry 🍴 🍴 <i>Coconut milk, green pepper, onion and Thai green curry paste</i>
68	House Thai Lar 🍴 🍴 <i>Stir fried bamboo shoots, water chestnuts, onion and mixed peppers in our homemade thai lar sauce</i>
69	Chop Suey (Mixed Vegetables) <i>Onion, beansprouts, bamboo shoots, water chestnuts, straw mushrooms, baby corn, spring onions, peppers and mushrooms bound together with garlic oyster sauce</i>
70	Bean Sprout <i>Beansprouts, infused with garlic in an oyster sauce</i>
71	Mushroom <i>Chopped onion and mushrooms infused with garlic in an oyster sauce</i>
72	Pineapple <i>Diced onion with pineapple chunks bound together in pineapple sauce</i>
73	Cashew Nut 🍴 <i>Stir fried bamboo shoots, water chestnuts and onions topped with chashew nuts in a garlic oyster sauce</i>
74	Green Pepper & Black Bean Sauce 🍴 <i>Wok fried green peppers & diced onions in a light spicy garlic & black bean sauce</i>
75	Oyster Sauce <i>Stir fried onion, baby corn, straw mushrooms and water chestnuts garnished in oyster sauce</i>

Popular Satay Dishes

76	Satay <i>(Chicken or Beef)</i> 🍴 🍴 <i>Spicy satay peanut sauce cooked with green peppers and chopped onion</i>	£5.80
77	Satay on the Skewer 🍴 🍴 <i>Marinated chicken on the skewer with satay sauce</i>	£6.90
78	Malaysian Satay Skewer 🍴 🍴 🍴	£7.10
79	King Prawn Satay 🍴 🍴	£6.50
80	Satay Duck 🍴 🍴	£6.50
81	Satay Mixed Meat Combination 🍴 🍴 <i>(Beef, Chicken and Roast Pork)</i> <i>Spicy satay peanut sauce cooked with green peppers and chopped onion</i>	£6.50
82	Vegetable 🍴 🍴	£5.80
83	Tofu 🍴 🍴	£6.00

Curry Dishes

Served with Fried Rice or Chips

84	King Prawn Curry / Duck Curry 🍴	£7.50
85	Mixed Meat Combination Curry 🍴	£7.00
86	Chicken Curry 🍴	£6.80
87	Beef Curry 🍴	£6.80
88	Pork Curry 🍴	£6.80
89	Mushroom Curry 🍴 v	£6.50
90	Mixed Veg Curry 🍴 v	£6.50



Sweet & Sour Dishes

Hong Kong Style. Meat tossed in flour and cooked with Pineapple Chunks, Bell Peppers & Onion

91	Sweet & Sour King Prawn <i>Hong Kong Style</i>	£6.50
92	Sweet & Sour Pork <i>Hong Kong Style</i>	£5.80
93	Sweet & Sour Chicken <i>Hong Kong Style</i>	£5.80
94	Sweet & Sour King Prawn <i>In Batter</i>	£6.50
95	Sweet & Sour Pork <i>In Batter</i>	£5.80
96	Sweet & Sour Chicken <i>In Batter</i>	£5.80
97	Sweet & Sour Chicken <i>(Sliced, not in Batter)</i>	£5.80